

Dear Parents and Carers,

5th June 2025

**Year 6 – RSE – Relationships & Sex Education**

This term we will be working with the children on their Year 6 units of RSE. RSE is a statutory element of our curriculum and we are very aware the children will naturally have questions and ideas that they wish to discuss with you. We are keen therefore to keep you in touch with our curriculum so that we can work together.

Schools are required to follow the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance. This is statutory guidance from the Department for Education. Broadstone Middle School has developed a Relationships and Sex Education programme in line with this guidance which is appropriate to the age and the physical and emotional maturity of its pupils. It is recognised that the more sensitive issues need to be approached consistently across the school, teachers having agreed appropriate responses to children's questions ahead of time and an understanding of what is and what is not to be discussed. The school recognises the importance of helping children develop confidence in talking, listening and thinking about sex and relationships.

A detailed overview of the Scheme of Work for RSE can be found on our school website within the Relationships and Sex Education Policy using the link <https://www.bmsweb.co.uk/Mainfolder/content/middleschool/2023-2024/Policies/RSE> so you can see what topic your child will be studying at which point. This also includes information about the right to withdraw from some of the lessons and the process by which to do so.


Our studies will begin week commencing 16<sup>th</sup> June. We will focus on:

1. Relationships and working together
2. Physical changes in girls
3. Physical changes in boys
4. How babies are made and how babies are born
5. Exploring the emotional side of puberty

Each session will be supported by an age-appropriate educational programme. If you have any questions regarding the resources we will be using, please do not hesitate to contact your child's class teacher.

Many thanks for your continued support.

Yours sincerely



Miss J Gallanders  
Head of Year 6