



5th May 2023

Dear Parents and Carers

The 5K Fun Run is back!!!!
Express Yourself and Wear Orange 2023!!

Firstly, we would just like to thank all pupils and parent / carers for their participation, contribution and support with the 2022 Fun Run. It was a **HUGE Success!** We managed to raise a **whopping £9,000** at last year's Fun Run and were not only able to donate £2,000 of this to Julia's House, but we were also able to fund a wide variety of opportunities and events across the school in Creative Arts.

This year we are going to go bigger and better and now we have not only decided to raise money for our Creative Arts department here at BMS along with encouraging children to be fit and healthy, but to also support not one, but **TWO charities!**

We are again going to support our local charity, **Julia's House**, but this year we are also supporting a national charity the Azaylia Foundation. **Azaylia Foundation** was created in August 2021 to help fight childhood cancer, in memory of Azaylia Diamond - Ashley Cain and Safiyya Vorajee's daughter.

Please take a look at the video below:

<https://www.bmsweb.co.uk/Mainfolder/content/middleschool/2022-2023/letters/F29f4941-5D7c-4533-Ae8d-54335023De47.mp4>

By doing this event, it will enable us to be able to continue to offer our extra-curricular activities, trips and events across the school, support with resources and equipment and support our chosen charity with a contribution of the proceeds.

We have lots of rewards up for grabs, such as;

- Pupil who raises the most sponsorship
- Class who raises the most sponsorship
- 1st, 2nd and 3rd place in each year group on each of the timed runs
- Give it a go award

In order to do this, Miss Curtis and the PE Team would like all pupils take part in this sponsored 5k Fun Run on: **Tuesday 23rd May 2023.**

On the day pupils will be given a time slot to do their run and can either jog or run to music whilst they follow the flags around the course.

Pupils will have the opportunity to choose which run they would like to do. The options are:

1.5K, 3K and 5K (all pupils have already achieved a 1.5K in PE lessons).

Dunyeats Road, Broadstone, Poole, Dorset, BH18 8AE

01202 696121

schooloffice@broadstonemiddle.poole.sch.uk

www.bmsweb.co.uk





We are also delighted to announce that we have Safiyya Vorajee attending the event and we would love all the pupils to show their support for the **WEAR ORANGE campaign and wear a symbol of **ORANGE** on the day.** This can be things like shoe laces, a wrist band, ribbon, t-shirt etc. This is to support the campaign called 'Wear Orange for Azaylia' which has two aims. Firstly, to encourage kindness, inclusivity and mutual support for the students and secondly to raise awareness for parents and teachers about the systemic underfunding of childhood cancer.

What to remember for the day:

- It's important to wear the correct footwear
- Have plenty of water to drink
- Wear comfortable clothing. They can also wear something FUN!! (colourful / costume – that they can run in)
- Don't forget your symbol of orange.
- Pupils will also be able to listen to music that we will be playing on the field.
- The sponsorship form and sponsorship money. **Sponsorship forms and money should be brought in a sealed envelope to school with your child's name and class on the day of the run.**

What to prepare before the day:

- Prepare what they will wear - wear something orange, something fun to dress up in or something colourful - but mainly something sporty which they can run in.
- Before the event they could do some training to prepare themselves physically e.g. interval training. An average running time for the 5k is approximately 25 minutes (please don't worry if you can't achieve a time like this – it all about taking part, but for the more competitive runners they may like to challenge to beat this time.)
- Prepare the sponsorship form and money raised.

Following the event:

Following this event, we will be giving out rewards in our awards ceremony along with celebrating the success of the day.

Also attached is a copy of the sponsorship for which will need to be completed and handed in with any money raised. These forms have also been given out in their classes on Tuesday and spares can be collected from the school office.

Lastly, we would like to wish all the pupil's luck for the event and look forward to a **FUN** and **EXPRESSIVE** and **COLLABORATIVE** day.

Yours sincerely

Mrs D Curtis
Performing Arts Teacher

