

9th June 2022

Dear Parents and Carers,

Year 5: Changes That Take Place During Puberty

This term we will be working with the children on the Year 5 units of RSE (Relationships and Sex Education). RSE is a statutory element of our curriculum but we are very aware the children will naturally have questions and ideas that they wish to discuss with you. We are therefore keen to keep you in touch with our curriculum so that we can work together.

There have been statutory changes to Sex and Relationships Education which came into effect from September 2020 published by the Department for Education. Broadstone Middle School has developed a Relationships and Sex Education programme in line with this guidance which is appropriate to the age and the physical and emotional maturity of its pupils. It is recognised that the more sensitive issues need to be approached consistently across the school, teachers having agreed appropriate responses to children's questions ahead of time and an understanding of what is and what is not to be discussed. The school recognises the importance of helping children develop confidence in talking, listening and thinking about sex and relationships.

A detailed overview of the Scheme of Work for Sex and Relationship Education can be found on our school website using the following link so you can see what topic your child will be studying at which point:

<https://www.bmsweb.co.uk/Mainfolder/content/middleschool/2020-2021/Relationship%20%26%20Sex%20Education%20Policy%202021.pdf>

The PSHE and Sex and Relationships Education Policies are also available on the Broadstone Middle School website should you wish to read these in full. These also include information about the right to withdraw from some of the lessons and the process by which to do so.

Here is the outline of the sessions that the pupils will take part in:

1. To understand how our roles and responsibilities change as we get older.
2. How to manage the emotional and physical changes that happen during puberty.

These lessons will be beginning week starting Tuesday 5th July. Should you have any concerns or queries please do not hesitate to contact your child's teacher to discuss this matter further.

Yours sincerely,



Mrs. K Nadin
Head of Year 5

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