



## Broadstone Middle School

### PE and Sport Premium Intent 2022/23

The Government has provided additional funding of £150 million per annum to schools since 2014 to improve provision of physical education (PE) and sport in primary schools.

This funding is a ring-fenced grant for English primary schools to provide additional and sustainable improvement to the quality of PE, Sport and Physical activity.

The sport funding can only be spent on sport and PE provision in schools and each year, schools are required to report on how much funding it has received and how this has been spent.

Our Sports Premium allocation for 2022/23 is estimated to be £20,050. We intend to use this funding to continue to improve inactivity levels, provide progressive PE and to educate learners in the value and lifelong benefits of a healthy active lifestyle in the following way

Academic Year 2022/23		Total Fund allocated £19,070		Date Updated 23/01/23	
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school					
Intent	Implementation	Fund Allocation	Impact	Sustainability and suggested next steps	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:				
*To provide opportunities for all children, regardless of ability with the chance to take part and be inspired to take up physical activity and sport through sports competitions, festivals and taster days.	*Employment of Sports Coordinator, to work across the trust to provide a broad timetable across the year of sports competitions, festivals and taster days.	£2163.40	*Sports coordinator has run the following events which BMS have attended – - Middle school marathon event - Multisport event *As the role is in its infancy, the sports coordinator has been planning for 23/24 and building relationships with other schools within the trust, as well as sports	All the development work that has happened in the year 22/23 will be applied in 23/24	

<p>*School sports equipment to be in excellent condition to ensure that all pupils can participate safely and well in a range of sports. Ensure that the school has enough equipment that all children can participate fully in lessons, with minimal time spent inactive.</p>	<p>*Full audit of current levels of equipment. Removal of broken or substandard equipment and purchase of new where necessary. Used to support key curriculum target sports and extra-curricular clubs. Older equipment to be used for lunch time physical activity.</p> <p>Purchased -</p> <ul style="list-style-type: none"> <li>-8 replacement netball hoops (old ones were bent out of shape)</li> <li>-40x size 4 netballs</li> <li>-5x match quality size 4 gilbert netballs</li> <li>-2xmatch quality size 5 gilbert netballs</li> <li>-20x footballs</li> <li>-12x size 4 rugby balls</li> <li>-40 size 6 basketballs</li> <li>-30x replacement tennis grips</li> <li>-3 x sets of cones</li> <li>-4 bags for balls</li> <li>-7 bib bags</li> </ul>	<p>£1462.58</p>	<p>organisations and clubs who we will work with in the future.</p> <p>-After completing the audit of equipment it was found that many of the balls for our focus sports (netball, rugby, basketball) were punctured/out of shape/without grip. These balls were replaced with new balls so that lessons could run effectively and to the best standard possible. The aim is for all children to have access to a ball one between two.</p> <p>-Assembly to whole school about values of rugby – one value is respect – this will be used to explain to the children about respecting their school PE equipment.</p>	<p>*It is not sustainable for us to replace the levels of equipment that we saw in 22/23, therefore greater care should be taken to look after it. The PE team will continue to instil key values into PE lessons, including respecting equipment. More equipment does need to be replaced but we plan on replacing this on a 'most needed' basis year on year.</p>
<p>* Pupils to be engaged in supervised high-quality physical activity and movement during lunchtimes.</p>	<p>*Pupils to be provided with equipment and rota of use.</p> <p>*Pupils to be offered structured activities, led and monitored by PE staff/house leaders.</p> <p>*Pupil led leagues to be trialed in football and basketball.</p> <p>*Build strong relationships with PP</p>		<p>-Pupils have been provided with rota for use of football.</p> <p>-More work needs to be done in 23/24 on lunchtime activities.</p>	<p>*Further development of lunch time activities for children, not restricted to football.</p>

	and SEND and ensure they feel confident to take part in lunch time physical activity.			
* A strong offer of inclusive extra-curricular sports clubs for all pupils to take part in.	<p>*Trial KS2/KS3 multisport extra-curricular clubs, alongside traditional sports, that are focused on enjoyment of sport and led by what the children want to do on a weekly basis.</p> <p>*Build a culture of inclusiveness where all children are encouraged to take part in clubs that will build fundamental skills in key sports.</p> <p>*External clubs to be invited in to provide specialist coaching.</p> <p>*Rigorous tracking of the extra-curricular clubs that pupils attend, so that potentially inactive pupils can be targeted and encouraged to join a club.</p> <p>*Through pupil voice survey, discover barriers to attendance, so that changes to be made to make inclusive.</p> <p>*Target for attendance at extra-curricular clubs aims to be at 40% across the school.</p> <p>*Target for representing the school at least once over their BMS lifetime – 50%.</p>	<p>Yoga - £595</p> <p>Broadstone tennis club - £1050</p> <p>Phoenix handball - £180</p> <p>Rippa rugby - £2760</p> <p>-AFC Bournemou th - £270</p>	<p>*Trial of KS2/KS3 multisport club did not attract as many children as it was hoped. We have decided to be more specific with their club offer.</p> <p>*Children liked the introduction of fitness week at the start of each half term, therefore a bootcamp style extra-curricular club was launched in Summer 23. Take up has been positive.</p> <p>-Volleyball was offered as a taster session in summer 1 to year 8 pupils who enjoyed the session.</p> <p>-Tracking has taken place but it is nowhere near as rigorous as we would like it to be, however the data has been analysed resulting in the following -</p> <p>*Year 5 - Extra-curricular sports clubs – 50% of children in year 5 attended at least one extra-curricular sports club this year. BMS representation – 50% of children in year 5 represented BMS at at least one event.</p> <p>*Year 6 - Extra-curricular sports clubs – 33% of children in year 6 attended at least one extra-curricular sports club this year. BMS representation – 35% of children in year 6 represented BMS at at least one event.</p>	<p>*Continue to offer a broad spectrum of extra-curricular clubs.</p> <p>*Target children who PE staff think would benefit from attending – especially PP and SEND.</p> <p>*Tracking will be completed by one specific PE team member of staff to ensure it is rigorous and useful.</p> <p>*Positive results for pupil attendance at extra-curricular clubs to be built on developed further.</p> <p>*Positive results for school representation to continue to embed.</p> <p>*Pupil voice will be conducted to all year groups in September 23.</p>

<p>* PE team to provide authentic learning experiences and provide skills for students to live healthy, active lifestyles.</p>	<p>*Introduction of half termly fitness weeks where children will learn and understand the importance of a healthy lifestyle.</p> <p>*During PE lessons, children will be guided through the same warm up across the whole school at every lesson. Children will understand and be able to articulate the importance of warming up/muscle groups/CV health.</p> <p>*PE team will liaise and build links with other subjects in school and support their curriculum in lessons – e.g. science (year 6 cardiovascular health), maths (measuring distances), pshe (healthy eating, healthy lifestyle)</p>		<p>-Pupil voice has not been undertaken formally, however feedback from children in general during PE lessons and to other members of staff has been positive.</p> <p>*Spring 1 – fitness week comprised of circuits and cross country. Spring 2 – fitness week comprised of crossfit circuits and competition. Summer 1 – fitness week and cross country Summer 2 – fitness week and sports day practice</p> <p>*Standardised warm up were introduced from January 23. Pupils are learning the routine and some are able to lead the warm up. As it embeds further we will ask children to lead on a regular basis.</p> <p>*Linking with other teams has not been undertaken in a formal capacity this year, due to other priorities taking precedence.</p> <p>*Pupil voice was not conducted – it should have been conducted in September and at the end of the year. We recognize how incredibly important this is for 23/24.</p> <p>*Fitness week and PE expectations Powerpoints sent round to tutors in January.</p>	<p>*Fitness weeks will continue as these were received really positively by children. We also believe that they're really important in driving up fitness in children, but also a sense of team.</p> <p>*Standardised warm up will continue and children will be asked to lead them. Further development will include ensuring that children know why we warm up and what muscles we are targeting.</p> <p>*In 23/24 PE staff will provide children will knowledge organisers in KS3 to become more consistent with other subjects.</p> <p>*Pupil voice will be conducted to all year groups in September 23.</p> <p>*This will be sent round to all tutors in September 23, to further develop and clearly</p>
<p>*To raise the profile of PE and the health benefits of being active across the school and therefore encourage and enthuse pupils to be more active.</p>	<p>*Pupil voice survey to be conducted at the start of the year and end of the year to show progress in enjoyment of PE lessons. Also, has aim of highlighting where barriers to participation lie and what extra-curricular activities pupils would like to participate in.</p> <p>*Children and staff to be kept up to date with current PE initiatives</p>			

<p>* New house leaders trained to assist with the running of various sports during social times and progress their leadership skills.</p>	<p>through Powerpoints that can be disseminated through tutor time – e.g. fitness week/cross country information. PE expectations.          *School staff to be encouraged to take part in PE throughout the year. E.g. encouraged to set cross country time so children can try and beat their time/take part in inter-house competitions.          *PE noticeboard – to be kept up to date with inspirational news/current pupil sporting success/adverts and information about clubs they can attend outside of school/benefits of staying active.</p> <p>*House leaders will be trained (internally and externally – Sam Cox – School Games Coordinator) and understand how their role contributes to PE at BMS. They will be an integral part of lunchtimes through timetabled organisation of activities.          *During PE lessons they will be asked to help set up equipment and lead warm ups.          *House leader t-shirts will be provided to differentiate them from other pupils, increasing their confidence and visibility around school.          *House leaders to support BFS with sports days and other feeder</p>	<p>£362.88</p>	<p>*Staff took part in cross country during December and times were shown to children to encourage them to beat staff times.</p> <p>*This has not been achieved in a way that we wanted. Cross country top 10's for each year group have been displayed and sports days pupil events were displayed this way, which was useful and positive. Opportunities for clubs and physical activity outside of school have been promoted.</p> <p>*House leaders were recruited and trained. Additional 'event leaders' were also trained by Sam Cox in May – these children were used to help at the quad kids events (x3) that BMS hosted. House leaders were used for lesson set ups and helped to maintain the tidiness of the PE garages.          *House leader t-shirts were provided and all leaders wore them on PE days and at events in which they supported.</p>	<p>instill expectations for PE.</p> <p>*This will continue on a yearly basis, to motivate and encourage children.</p> <p>*The PE board will be developed to be an aspirational focus point for PE.</p> <p>*A new cohort of sports leaders will be trained and developed.</p>
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<p>* To improve of the curriculum from year 5 to year 8 to provide enriching and engaging lessons.</p> <p>* Gym equipment previously purchased with sport premium money to be used effectively during break and lunch times.</p> <p>* Understand how all pupils get to school, so that inactive students can be engaged in extra-curricular activities.</p>	<p>schools with assisting with sports activities.</p> <p>*Half termly curriculum progression days to be implemented with other school in the trust and curriculum director, to ensure consistency and quality of PE across the trust.</p> <p>*Training to be provided for all children and staff to ensure safe and effective use.</p> <p>*Provide a rota for equipment use to ensure all year groups can use it safely and confidently.</p> <p>*Equipment to be used for fitness week and fitness sessions with children.</p> <p>*Link pupils to have access to equipment to provide sensory breaks and activity during the school day.</p> <p>*Engage all children, but particularly focusing on those who we know are particularly sedentary to move more. Provide Powerpoint for classes to go through with tutor.</p>		<p>*Head of PE has met regularly with curriculum director and PE Leads from across the trust to develop a comprehensive a progressive curriculum. Coverage of the curriculum links from Reception to Year 8, with several schools across the trust planning and delivering lessons in line with each other.</p> <p>*It was decided by the site team that the risk assessment for the gym equipment sat with the Link provision, as they use it regularly for sensory breaks during the school day.</p> <p>*Gym equipment is always in use during break times and lunch times, significantly improving the physical activity of our children.</p> <p>*Active travel survey has been completed, however PE have not engaged with the results due to other priorities.</p>	<p>*Excellent curriculum will continue to be developed. Trust schools will be planning and teaching in line with the same key learning, giving consistency to all pupils.</p> <p>*Questionnaire to be sent to parents about what their children do outside of school relating to physical activity and sport. This will give us information that will allow us to target children who are sedentary.</p>
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				
Intent	Implementation	Fund Allocation	Impact	Sustainability and suggested next steps
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achievable linked to your intentions:			
<p>*The way that PE at BMS is viewed by pupils to undergo a change of culture. To provide opportunities for all children, regardless of ability with the chance to take part and be inspired to take up physical activity and sport through sports competitions, festivals and taster days.</p> <p>* Pupils to be engaged in supervised high-quality physical activity and movement during lunchtimes.</p> <p>*To ensure that successes and achievements of children in PE (in lessons and extra-</p>	<p>*Employment of Sports coordinator, to work across the trust to provide a broad timetable across the year of sports competitions, festivals and experience days.</p> <p>*Create greater links across the trust for pupils to regularly take part and be excited about sport and physical activity.</p> <p>*Through linking with other schools in the trust, curriculum will be more robust and therefore provide pupils will more structure and learning opportunities.</p> <p>*Pupils to be provided with equipment and rota of use.</p> <p>*Pupils to be offered structured activities, led and monitored by PE staff/house leaders.</p> <p>*Pupil led leagues to be trialed in football and basketball.</p> <p>*Build strong relationships with PP and SEND and ensure they feel confident to take part in lunch time physical activity.</p> <p>*PE noticeboard – to be kept up to date with inspirational news/current pupil</p>	£2163.40	<p>*Sports coordinator has made links with other schools in the trust to help develop what will be offered in 23/24.</p> <p>*Analysis of individual school needs/wants has been undertaken to ensure that events and festivals planned are hitting the right target audience.</p> <p>*Children have access to footballs and gym equipment during lunch times.</p> <p>*Lunch time provision of activities needs more attention in 23/24.</p> <p>*This has not been achieved in a way that we wanted. Cross country</p>	<p>*Continue work started in 22/23.</p> <p>*Develop lunch time activities and opportunities to compete in house/class team competitions at lunch time.</p> <p>*The PE board will be developed to be an</p>

curricular) and out of school are shouted about internally and externally.	sporting success. *All events, photos and reports on sporting achievements are shared on media platforms.		top 10's for each year group have been displayed and sports days pupil events were displayed this way, which was useful and positive. Opportunities for clubs and physical activity outside of school have been promoted.	aspirational focus point for PE.
*Engage whole school in termly fitness weeks, including cross country.	*Staff to be encouraged to set a time for cross country course, which will be displayed on PE noticeboard. Pupils will be challenged to beat their time. Also, helping to remove the barrier for some pupils that cross country is a race against the fastest pupil in the class.		*Staff took part in cross country during December and times were shown to children to encourage them to beat staff times.	*Staff will continue to be encouraged to set a time.
*Whole school to be engaged in inter-house competitions.	*Sports day will be a celebration of PE at BMS. All pupils, regardless of ability will take part and feel confident to support their house. *Termly inter-house sports events and half termly inter-house competitions that link with the rest of the school.		*Two sports days were delivered for KS2 and KS3. Both were a great success, with most children competing in at least one event. PE staff introduced a more inclusive events for those children for those who were unconfident or put off the traditional events.	*The same format sports days will be run next year, with a few minor tweaks. All children will be asked to compete in at least one event. Inclusive events will remain.
*Gym equipment previously purchased with sport premium money to be used effectively during break and lunch times.	*Training to be provided for all children and staff to ensure safe and effective use. *Provide a rota for equipment use to ensure all year groups can use it safely and confidently. *Equipment to be used for fitness week and fitness sessions with children.		*It was decided by the site team that the risk assessment for the gym equipment sat with the Link provision, as they use it regularly for sensory breaks during the school day. *Gym equipment is always in use during break times and lunch times, significantly improving the physical activity of our children.	
*Sports leaders trained and deployed to support with lunch time provision using the equipment provided in the outdoor trunks.	*House leaders will be trained and understand how their role contributes to PE at BMS. They will be an integral part of lunchtimes through timetabled		*House leaders were recruited and trained. Additional 'event leaders' were also trained by Sam Cox in May – these children were used to	*A new cohort of sports leaders will be trained and developed.



	<p>organisation of activities.</p> <p>*During PE lessons they will be asked to help set up equipment and lead warm ups.</p> <p>*House leader t-shirts will be provided to differentiate them from other pupils, increasing their confidence and visibility around school.</p> <p>*House leaders to support BFS with sports days and other feeder schools with assisting with sports activities.</p>		<p>help at the quad kids events (x3) that BMS hosted. House leaders were used for lesson set ups and helped to maintain the tidiness of the PE garages.</p> <p>*House leader t-shirts were provided and all leaders wore them on PE days and at events in which they supported.</p>	
* Work to maintain Gold award status for the 2022/23 School Games Mark.	*Ensure that all criteria are rigorously checked off to ensure compliance.		*BMS achieved School Games Mark Gold award 22/23	*BMS will continue to maintain Gold award.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Intent	Implementation	Fund Allocation	Impact	Sustainability and suggested next steps
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:			
<p>*Utilise CPD opportunities that arise out of links created with other schools in the trust.</p> <p>*Utilise the knowledge and experience of more experienced PE teacher at BMS to transfer knowledge to less experienced PE staff.</p> <p>*Use of external specialist sports providers to run taster days and extra-curricular sessions for pupils.</p> <p>*Raise the profile and professionalism of PE lessons by providing PE teachers appropriate school branded clothing.</p>	<p>*Employment of Sports Coordinator to facilitate and organise CPD courses for PE staff across the trust. *Curriculum will be robust and link across the trust to share knowledge and expertise.</p> <p>*Informal lesson observations and mentoring of PE staff will provide an easy tool for upskilling less experienced PE staff.</p> <p>*PE staff to use these opportunities to observe and gain knowledge/confidence in game specific knowledge. E.g. Rippa Rugby, AFC Bournemouth, Phoenix Handball, Broadstone Tennis club, Chance to shine cricket, Table cricket</p> <p>*PE staff to be provided with new t-shirts and hoodies to teach in, in order to set a good example of pupils and increase the professionalism of staff, especially when on external sporting fixtures.</p>	<p>£2163.40</p> <p>£367.20</p>	<p>*Sport coordinator has planned for 23/24 this year.</p> <p>*PE staff have taken the decision to team teach in many lessons, which provided a great learning opportunity for less experienced PE teachers.</p> <p>*Valuable insight given into the sports that were invited into BMS.</p> <p>*T-shirts/hoodies have been worn and ensure the right message is being shown to children about standards expected of uniform.</p>	<p>*A partnership with Purbeck and Christchurch sports partnership has been arranged, so that staff from our trust can attend and engage with CPD courses that have already been planned.</p> <p>*PE team will continue to develop by observation of lessons and by attending external/internal CPD courses. *BMS PE will continue to invite expert coaches in and will continue to use these opportunities to learn.</p> <p>*Unless there is a change of staff, no new uniform will be required.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Intent	Implementation	Fund Allocation	Impact	Sustainability and suggested next steps
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:			
<p>* Offer a range of sports and activities to pupils with aim of finding something they are inspired to take up as an extra-curricular club or outside of school.</p> <p>*Provide children with the opportunity to try new sports and activities, with the aim of inspiring them to take it up as an extra-curricular/external club.</p> <p>* Support learners in experiencing a new way of learning through the use of specialist coaching staff.</p> <p>*Provide pupils with information about clubs and activities that they can take part in outside of school.</p>	<p>*Employment of Sports coordinator, who will work across the trust to increase the number of sports and activities that are available for pupils to try.</p> <p>*Sports coordinator to arrange taster days at the start of each half term. Pupils will have the opportunity to take part in a new activity/sport during fitness week. E.g. Try Golf.</p> <p>*Invite a broad selection of specialist sports coaches in to carry out extra-curricular clubs, in order to expose pupils to a much larger range of sports/activities. E.g. rugby, yoga, tennis</p> <p>*Use social media channels to post events and opportunities for pupils as and when they arise. *Contact the parent/carer of talented pupils or anyone that shows a real</p>	£2163.40	<p>*Sport coordinator has made links with sports organisations and clubs to create signposting opportunities for children to take up physical activity outside of school. These links have also been invaluable to supporting in school activities such as sports day, taster sessions and with general advice.</p> <p>*Taster day for volleyball ran for year 8 students and AFC Bournemouth ran sessions for all year 5 classes.</p> <p>*This year we have welcomed in the following sports – -Volleyball -AFC Bournemouth -Broadstone Tennis club -Handball -Rippa Rugby -Dorset Rugby -Yoga</p> <p>*Social media channels (Facebook and snapshot) have been used to celebrate competitions and festivals that we have taken part in. *Pupils have been directed to extra-</p>	<p>*Further taster days to be offered.</p> <p>*Continue to invite a broad spectrum of sports into school. Already, Poole Runners athletics club have offered their time for summer 24.</p> <p>*Continue to use social media to showcase the achievements of our pupils.</p>

	enthusiasm for a sport via phone or email.		curricular clubs if they show talent or enthusiasm, however more effort should be made to contact parents.	
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Key indicator 5: Increased participation in competitive sport				
Intent	Implementation	Fund Allocation	Impact	Sustainability and suggested next steps
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:			
<p>*Provide opportunities for all pupils, regardless of ability, who would like to represent BMS in school sport to do so.</p> <p>.</p>	<p>*Employment of Sports coordinator, to work across the trust to help provide opportunities for all children, regardless of ability the opportunity to take part and be inspired to take up sports activities through sports competitions, festivals and taster days.</p> <p>*Provide opportunities specifically relating to SEND and PP (e.g. PP multi-skills festivals, can do football)</p> <p>*50% of BMS pupils to represent the school at some point across their BMS school lifetime.</p> <p>*Aspire and be consciously aware of inviting PP pupils to all sports events. Aspire to have at least 10% of PP at each event.</p>	<p>£2163.40</p> <p>£1269.80</p>	<p>*Sport coordinator role has focused initially on non-competitive and inclusive events to provide opportunities for all.</p> <p>*The multisports event that has been organised targeted disengaged pupils - especially those who have not represented the school.</p> <p>*Minibus hire to competitions in Autumn term</p>	<p>*Continue the organization of sports festivals and inclusive competitions across the trust.</p> <p>*A much more cost-effective way of hiring minibuses has been found. BMS is now hiring minibuses from Corfe Hills and Hillbourne school.</p>
<p>*Ensure that BMS has opportunities to take part in a wide range of external competitions.</p>	<p>*Memberships are paid and maintained for those sporting competitions BMS participate in (E.g. cross country and athletics)</p> <p>*Continued dialogue with School games and local schools to ensure participation in competition, as well as hosting events.</p>	<p>£137.40 PEDSSA</p> <p>£30 Rippa rugby festival</p>		

<p>*Ensure that all children who are enthusiastic about school sport are also provided with information about how they can continue with this outside of school.</p>	<p>*Encourage local sports clubs into school to offer taster opportunities. *Ensure that PE noticeboard is populated with external club information.</p> <p>*Purchase a set of kit (shorts and t-shirts) that can be worn to competitions, to ensure that BMS turn up smart and with a sense of pride.</p> <p>*Advertise links to external sports clubs on sports media channels.</p>	<p>£350</p>	<p>*Volleyball, tennis and handball attended BMS to run taster sessions, UBC and extra-curricular club.</p> <p>*Very smart kit purchased. The children enjoy wearing it and BMS looks extremely smart.</p> <p>*External opportunities have been promoted on noticeboards and through parent portal were appropriate.</p>	<p>*Look into purchasing new netball kit (skorts) in same design.</p>
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