

9<sup>th</sup> September 2022

Dear Parents and Carers,

## Year 8 PE Timetable - Autumn Term

Welcome back, I hope you all had a wonderful summer!

I have attached the PE timetable, on the next page, for all year 8 classes for the Autumn Term. Due to the number of classes in each year group, we offer a rotation of the sports. Each class will take part in each sport at a different time, but all children will have the opportunity to experience all sports offered over the year.

Children will be required to have gum shields and shin pads for all hockey lessons, and will need gum shields for rugby lessons. Please check your child's class timetable so they know when to bring their equipment.

For cross country, no extra equipment is required, however, should they wish to bring spare socks and trainers in case it is wet or muddy under-foot, they can do so.

For football, we suggest that they have football boots if possible as they will be playing on the field, however, if this is not possible, trainers are also fine.

We aim to offer a breadth of sport options, and we hope the children are excited to try the full range!

If you have any further queries, please do not hesitate to contact me.

Yours sincerely,

Miss S Matthews

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PE Lead

88				8T				8U				8V			
Week no	Date	Day	Activity	Week no	Date	Day	Activity	Week no	Date	Day	Activity	Week no	Date	Day	Activity
Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country
		Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country
Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country
		Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country
Week 1	19-Sep	Tuesday	Football	Week 1	19-Sep	Tuesday	Basketball	Week 1	19-Sep	Tuesday	Football	Week 1	19-Sep	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 2	26-Sep	Tuesday	Football	Week 2	26-Sep	Tuesday	Basketball	Week 2	26-Sep	Tuesday	Football	Week 2	26-Sep	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 1	03-Oct	Tuesday	Football	Week 1	03-Oct	Tuesday	Basketball	Week 1	03-Oct	Tuesday	Football	Week 1	03-Oct	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 2	10-Oct	Tuesday	Hockey	Week 2	10-Oct	Tuesday	Basketball	Week 2	10-Oct	Tuesday	Hockey	Week 2	10-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Week 1	17-Oct	Tuesday	Hockey	Week 1	17-Oct	Tuesday	Basketball	Week 1	17-Oct	Tuesday	Hockey	Week 1	17-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Half Term			Half	Term			Half	Term			Half Term				
Week 1	31-Oct	Tuesday	Hockey	Week 1	31-Oct	Tuesday	Basketball	Week 1	31-Oct	Tuesday	Hockey	Week 1	31-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Week 2	07-Nov	Tuesday	Basketball	Week 2	07-Nov	Tuesday	Football	Week 2	07-Nov	Tuesday	Basketball	Week 2	07-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics			Thursday	Football
Week 1	14-Nov	Tuesday	Basketball	Week 1	14-Nov	Tuesday	Football	Week 1	14-Nov	Tuesday	Basketball	Week 1	14-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics			Thursday	Football
Week 2	21-Nov	Tuesday	Basketball	Week 2	21-Nov	Tuesday	Football	Week 2	21-Nov	Tuesday	Basketball	Week 2	21-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics		!	Thursday	Football
Week 1	28-Nov	Tuesday	Basketball	Week 1	28-Nov	Tuesday	Hockey	Week 1	28-Nov	Tuesday	Basketball	Week 1	28-Nov	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Week 2	05-Dec	Tuesday	Basketball	Week 2	05-Dec	Tuesday	Hockey	Week 2	05-Dec	Tuesday	Basketball	Week 2	05-Dec	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Week 1	12-Dec	Tuesday	Basketball	Week 1	12-Dec	Tuesday	Hockey	Week 1	12-Dec	Tuesday	Basketball	Week 1	12-Dec	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Christmas				Chris			Christmas				Christmas				

8W				8X				8Y				8Z			
Week no	Date	Day	Activity	Week no	Date	Day	Activity	Week no	Date	Day	Activity	Week no	Date	Day	Activity
Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country	Week 1	05-Sep	Tuesday	Cross Country
		Thursday	Cross Country	!		Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country
Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country	Week 2	12-Sep	Tuesday	Cross Country
		Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country			Thursday	Cross Country
Week 1	19-Sep	Tuesday	Football	Week 1	19-Sep	Tuesday	Basketball	Week 1	19-Sep	Tuesday	Football	Week 1	19-Sep	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 2	26-Sep	Tuesday	Football	Week 2	26-Sep	Tuesday	Basketball	Week 2	26-Sep	Tuesday	Football	Week 2	26-Sep	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 1	03-Oct	Tuesday	Football	Week 1	03-Oct	Tuesday	Basketball	Week 1	03-Oct	Tuesday	Football	Week 1	03-Oct	Tuesday	Basketball
		Thursday	Football			Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics
Week 2	10-Oct	Tuesday	Hockey	Week 2	10-Oct	Tuesday	Basketball	Week 2	10-Oct	Tuesday	Hockey	Week 2	10-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Week 1	17-Oct	Tuesday	Hockey	Week 1	17-Oct	Tuesday	Basketball	Week 1	17-Oct	Tuesday	Hockey	Week 1	17-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Half Term			Half Term				Half Term				Half Term				
Week 1	31-Oct	Tuesday	Hockey	Week 1	31-Oct	Tuesday	Basketball	Week 1	31-Oct	Tuesday	Hockey	Week 1	31-Oct	Tuesday	Basketball
		Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics
Week 2	07-Nov	Tuesday	Basketball	Week 2	07-Nov	Tuesday	Football	Week 2	07-Nov	Tuesday	Basketball	Week 2	07-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics			Thursday	Football
Week 1	14-Nov	Tuesday	Basketball	Week 1	14-Nov	Tuesday	Football	Week 1	14-Nov	Tuesday	Basketball	Week 1	14-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football	-		Thursday	Gymnastics			Thursday	Football
Week 2	21-Nov	Tuesday	Basketball	Week 2	21-Nov	Tuesday	Football	Week 2	21-Nov	Tuesday	Basketball	Week 2	21-Nov	Tuesday	Football
		Thursday	Gymnastics			Thursday	Football			Thursday	Gymnastics			Thursday	Football
Week 1	28-Nov	Tuesday	Basketball	Week 1	28-Nov	Tuesday	Hockey	Week 1	28-Nov	Tuesday	Basketball	Week 1	28-Nov	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Week 2	05-Dec	Tuesday	Basketball	Week 2	05-Dec	Tuesday	Hockey	Week 2	05-Dec	Tuesday	Basketball	Week 2	05-Dec	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Week 1	12-Dec	Tuesday	Basketball	Week 1	12-Dec	Tuesday	Hockey	Week 1	12-Dec	Tuesday	Basketball	Week 1	12-Dec	Tuesday	Hockey
		Thursday	Gymnastics			Thursday	Hockey			Thursday	Gymnastics			Thursday	Hockey
Christmas				Chris			Christmas				Christmas				